

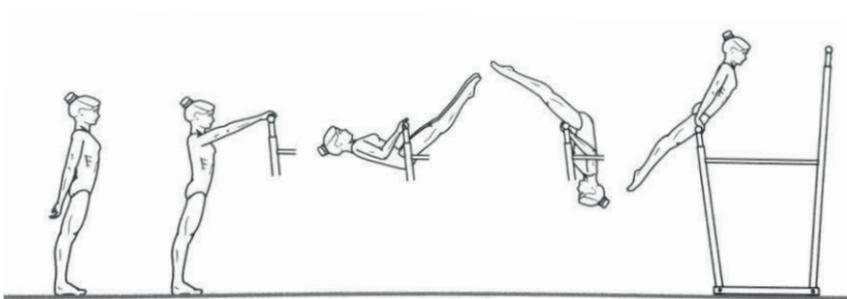


NIVEL 2

Barras Asimétricas

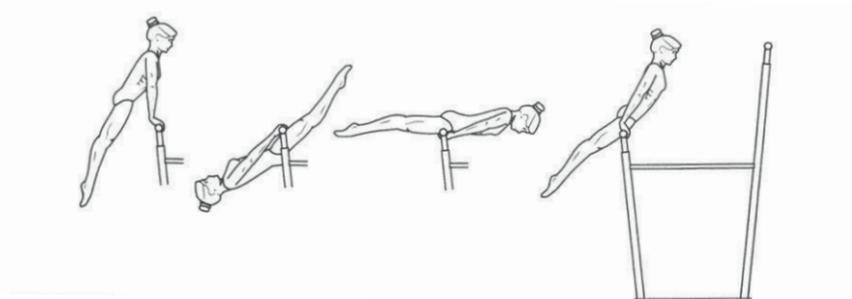
1

ENTRADA DE PECHO (0,6)



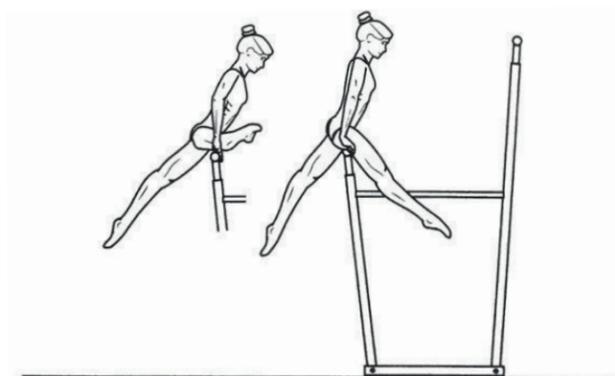
2

IMPULSO (0,40) Y VUELTA ATRAS SOBRE BARRA (0,40)



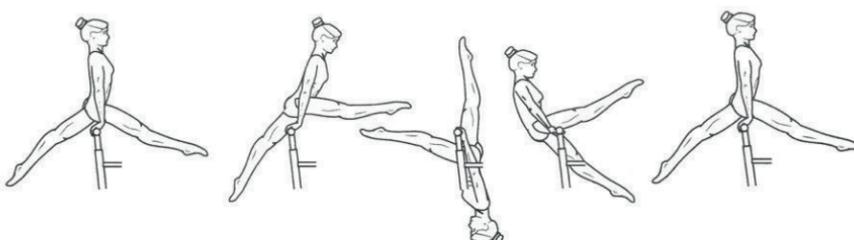
3

CORTE DE PIERNA ADELANTE (0,20)



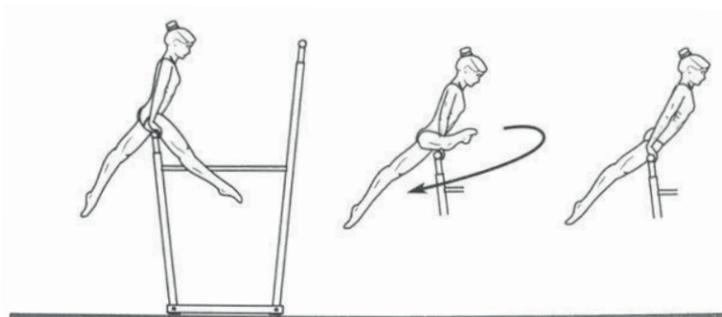
4

VUELTA TIJERA AL FRENTE (0,60)



5

CORTE DE PIERNA ATRÁS (0,20)



6

IMPULSO Y SALIDA (0,20)

